



# nutrition pantry program

Supporting **nourishing, client-centered distributions** through resources, trainings, and connection.

### QUICK FACTS:

- ✓ For pantries of all types and sizes
- ✓ Six month average program length
- ✓ Plans that fit your pantry
- ✓ No cost to participate



Our mission is to improve the health, wellness, and resilience of communities through trauma-informed nutrition security.

## THE PROCESS

### 1 PLAN

Collect information about your pantry, including feedback from staff, volunteers, and clients. Create a unique workplan for your site.

### 2 IMPLEMENT

- Make specific changes to your pantry with the support of trained NPP staff:
- » Phone calls
  - » Site visits
  - » Training opportunities



### 3 CERTIFY & CONNECT

- Optional pathway to achieve Bronze, Silver, or Gold level certification, providing:
- » Public recognition of accomplishments
  - » Outcome data to share with donors and site leadership
  - » Networking connections
  - » Ongoing opportunities for training and leadership development

## OUR HOLISTIC APPROACH ADDRESSES SIX FOCUS AREAS



NUTRITION EDUCATION



ENVIRONMENT



COMMUNITY CONNECTIONS



INVENTORY



CULTURAL & DIETARY ACCOMMODATIONS



PANTRY POLICIES & PROCEDURES

### Examples of Implementation

- » Training for staff and volunteers
- » Print and online resources for healthy eating

- » Posters, signage, and recipe bundles
- » Farmers market-inspired displays and distribution

- » Pantry tours for other sites to learn best practices
- » Client surveys to tailor food and services

- » New donor relationships to increase food variety
- » New cold storage to increase produce and prepared meal capacity

- » Staff training and materials to support special diets and cultural foodways
- » Recipes and resources in client languages

- » Pantry policy and procedures manual
- » Tailored nutrition policy

“ We are currently using a bundling display for recipes... and working on a client survey. Our staff has been doing a great job and we are almost ready for Gold certification. Thanks again for all your help!”

—CATHOLIC CHARITIES FRESNO

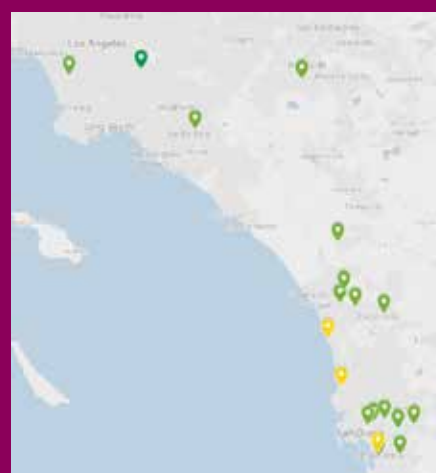
“ Our volunteers and participants are very happy with the outcome of NPP. We now have a great deal of nutrition education resources, a new refrigeration unit to house more fresh food, and a growing onsite garden!”

—COMMUNITY RESOURCE CENTER, ENCINITAS



Join a network of pantries working to create client-centered, nourishing food distributions in their communities.

[leahspantry.org/npp](http://leahspantry.org/npp)  
[npp@leahspantry.org](mailto:npp@leahspantry.org)



### CA PARTNERS INCLUDE:

- Berkeley Food Network
- California Department of Social Services
- Catholic Charities of California
- Community Resource Center, Encinitas
- Community Through Hope, Chula Vista
- Cuyamaca College, Rancho San Diego
- Ecumenical Hunger Program, East Palo Alto
- Fallbrook Food Pantry, Fallbrook
- Feeding San Diego
- InterFaith Food Center, Santa Fe Springs
- Palomar College, San Marcos
- San Diego Food Bank
- St. Margaret's Center, Los Angeles
- UC San Diego Triton Food Pantry, La Jolla
- Vista Teen Outreach, Vista
- Zuckerberg San Francisco General Hospital Food Pharmacies