



Children's Dental Surgery Center

This February, we can all celebrate Children's Dental Month with increased enthusiasm because our county finally has a pediatric dental surgery — and one that accepts Denti-Cal. Children's Dental Surgery Center, 1533 East March Lane, Stockton (952-9000) is a major development for child health in our area and beyond. The Center is attracting patients from as far as the Bay Area. Local families with children needing dental surgery and/or anesthesia are fortunate not to face long drives to Atwater or Salida. CHDP welcomes, appreciates and congratulates:

Sung Cho, DDS
Roxanne Gould, DDS
Vahaken Arslanian, DDS

Cheri Dant, DMD
Lewis Coleman, MD
Juan de la Riva, MD

and all the staff at Children's Dental Surgery Center. In San Joaquin County alone, the center's potential beneficiaries number 180,000 children and adolescents.

CHDP is also grateful to the 67 general dentistry practices serving our Denti-Cal population of nearly 90,000 kids from San Joaquin County. This an incredible ratio of 1:1400 [1 Denti-Cal practice to every 1,400 CHDP patients]. If each CHDP child visits the dentist twice a year for prophylaxis and/or treatment, this ratio requires 12.5 appointments per Denti-Cal practice per day just for the CHDP population! Yes, we do need more Denti-Cal providers, and those we have work very hard. Here's the breakdown of Denti-Cal practices by towns serving San Joaquin Denti-Cal patients: Stockton=48, Tracy=7, Lodi=6, Manteca=2, Oakdale=1, Modesto=3.

Children from low-income families without Denti-Cal have two options for general dentistry: St. Raphael's Dental Clinic at St. Mary's Dining Room, 545 W. Sonora, Stockton, 467-0703, and San Joaquin Valley Dental Group, 230 N. California, Stockton, 95203, 940-7200. The attached flyer detail hours of service.

Updated lists of all Denti-Cal providers are maintained at the CHDP office. Providers and low income families may call 953-3644 for assistance in locating appropriate practices.

8th Highest State Lead Levels are in SJC

San Joaquin County Public Health saw 14,125 children screened for lead poisoning in 2008. Of these, 80 had blood lead levels (BLLs) 10 micrograms/deciliter or higher. Our county ranked 8 out of 62 health jurisdictions in California for the highest number of elevated BLLs per county. Lead contaminated paint, dust, and soil continue to be the main sources of lead poisoning, although we are seeing many more cases from the use of surma, an eye make-up and talisman used in the Middle East and South Asia. Surma use in San Joaquin County is primarily due to the large number of families immigrating from Pakistan to the Lodi and Tracy areas of the county.

Recently, the Centers for Disease Control and Prevention (CDC) stated that "there is no threshold level for lead toxicity/brain damage in children." Therefore, new recommendations advise more frequent rescreening of children with BLLs approaching 10 micrograms/deciliter. Health providers should now consider retesting in 6 rather than 12 months, particularly if the BLL is approaching 10 m/d and the child is

- Less than two years of age,
- At high risk for lead exposure, or,
- Was tested at the start of warm weather when BLLs tend to increase.

For children in the 10-14 m/d range, providers are now advised to retest within 3 rather than 4 months.

San Joaquin County's Childhood Lead Poisoning Prevention Program is beginning to contact families with children in the 5-9 microgram/deciliter range with education and retesting recommendations. Please feel free to contact Gale Heinrich, Coordinator of the Childhood Lead Poisoning Prevention Program, with any referrals, questions, or concerns. She can be reached at 209-953-3698, or by email at gheinrich@sjcphs.org

Protect the Ones You Love — Child Injuries are Preventable

Every parent wants to protect their children from harm and to keep them safe. And, every health care provider wants to help parents succeed in this critical endeavor. None of us wants children to suffer any pain or disability whether it is from a common cold, a bump, a bruise, a fall, or a serious accident.

In an effort to raise parents' awareness about the leading causes of child injury in the United States and how they can be prevented, the Centers for Disease Control and Prevention (CDC) has launched a new initiative: **Protect the Ones You Love.**

Parents can play a life-saving role in protecting children from injuries. Protect the Ones You Love is dedicated to sharing information on the supervision and steps parents can take to make positive differences. It's all spelled out at <http://www.cdc.gov/safechild/> An overview, Prevention Tips, and Fact Sheet are available interactively for each of the following topics:

- [Burns](#)
- [Falls](#)
- [Drownings](#)
- [Poisonings](#)
- [Sports Injuries](#)
- [Road Traffic Injuries](#)

The Tools and Resources section at <http://www.cdc.gov/safechild/> contains:

- [Podcasts and E-Cards](#)
- [Webcast on Seasonal Safety](#)
- [Child Injury Data & Childhood Injury Report](#)
- [Media Outreach Guides](#)
- [Special Event Planning Guides](#)
- [Order Forms for FREE materials & videos](#)



All tools and information topics can be Emailed, downloaded, printed and shared with and among CHDP patients and parents. Please use and pass the above website and following information on to your CHDP families: 24 Hour contact with the CDC is available daily. Call the toll free number **800-CDC-INFO** (800-232-4636). The **TTY is 888-232-6348**. Email is cdcinfo@cdc.gov.

Child Mortality Data for the County, State, Nation & World, 2007

2007 child mortality statistics for civilians aged 0-19 years in San Joaquin County (SJC), the State of California, the United States of America (USA) and the World (WORLD), according to data acquired and presented by the EPIC System of the California Department of Public Health, the National Vital Statistics System of the U.S. Centers for Disease Control and Prevention, and the World Health Organization (WHO), respectively.

	SJC	CALIF.	USA	WORLD
Population of 0-19 Year olds	181,400	10,890,000	98,800,000	1,980,000,000
All deaths this pop., including neonatal	81	3,746	57,113	41,380,000
Deaths due to disease and disability	33	1,764	36,173	36,540,000
Deaths due to injury	48	1,982	20,940	4,840,000
Injury deaths				
Unintentional	28	1,148	14,176	3,360,000
Self-inflicted	0	171	3,901	22,000
Assault/Homicide/Abuse/Neglect	20	604	5,863	358,000
Other (e.g., legal intervention, war)	0	59	901	1,100,000
Unintentional injuries				
Motor Vehicle Traffic	23	770	8,082	1,040,000
Drowning/Submersion	2	103	1,701	667,000
Poisoning	1	109	643	184,000
Struck by Object	1	13	283	67,200
Suffocation	1	69	1,969	101,000
Other: Falls, Burns, Firearms, Machinery, Overexertion, Natural Disaster, Environmental, Occupational	0	84	1,498	1,401,800

94% of First Graders Reported to School with Health Certificates

This Fall, 94% of public school first graders (10,388) provided certificates from primary care physicians indicating they were up-to-date with well child check-ups, which include the following:

- Complete physical and mental history and assessment
- Lab tests for anemia, lead poisoning, tuberculosis
- Body measurements, vitals, and BMI calculation
- Immunizations
- Oral examination
- Vision screening
- Audiometric screening
- Unclothed physical exam by a physician—head to toe
- Anticipatory guidance by physician
- Health Education for parents and patients on how to achieve & maintain wellness and prevent disease and disability.

99% of first graders presented either a certificate of exam and immunizations or a waiver form of parental objection to having the exam and/or immunizations. This is the first year that only 1% of first graders were presenting neither a waiver or certification. It's the lowest non-compliance rate to date in San Joaquin County.

KUDOS to the school nurses, clerks, principals and health administrators who have worked so well in bringing up well child exam compliance rates. You're the Best! CHDP and Public Health Services appreciates and commends you!

Here's a comparison chart listing public school districts in our county. The first column lists the rate of first graders with certificates of well child check-ups at the Fall 2009 school entry; the second column lists the rate of exams and waivers per district and countywide for the same period:

	Exams	Waiver or Exams
Banta ESD	100%	n/a
Jefferson ESD	100%	n/a
Lammersville ESD	100%	n/a
New Hope ESD	100%	n/a
New Jerusalem ESD	100%	n/a
Oakview ESD	100%	n/a
SJC Special Education	100%	n/a
SJC Charter Schools	100%	n/a
Lincoln USD	99%	100%
Oak View ESD	99%	100%
Escalon USD	98%	100%
Linden USD	98%	100%
Manteca USD	96%	100%
Stockton USD	94%	99%
Ripon USD	94%	98%
Tracy USD	93%	98%
Lodi USD	90%	99%
Countywide	94%	99%

NOTE: Food & Nutrition Security is Available to All Children

CHDP Physicians: Please note that underutilized nutrition programs in California are available to ensure low income families receive proper nourishment in all counties. Only about half the people who qualify to receive food stamps actually get them. You are in a unique position to inform your patients and their parents of local food and nutrition opportunities. Please let your CHDP families know about:

Food Stamps at Human Services Agency of San Joaquin County at **468-1000**

WIC services at **870-5000, 444-8600 or 468-3280**

Mobile Farmers' Market (free produce) at **464-7369**

Healthy Food Sources on pp. 7-14 of the CHDP Directory *Pediatric Referral Resources to Prevent and Treat Child/Adolescent Overweight*

The *2008 County Profiles of Hunger, Nutrition, and Health in California* provides details for each county in California as well as for the state as a whole. Profiles focus on population, poverty, food insecurity/hunger, obesity,

diabetes, child health, and participation in federal nutrition assistance programs, such as Food Stamps, school meals, and WIC. The county profiles are self-contained, county-specific documents that provide evidence for the need for healthy, affordable food in your communities as well as the extent to which the federal nutrition programs can work to alleviate this need. A summary of the profile and statistics for San Joaquin County is attached to this newsletter. Full report at <http://www.cfpa.net/2008%20County%20Profiles/2008CountyProfileMap.htm>

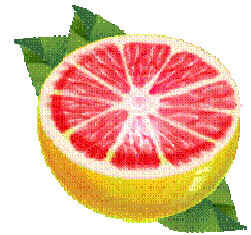
According to a recent United States Department of Agriculture (USDA) survey, 17 million U.S. households reported some degree of food insecurity in 2008 — up from 13 million households in 2007. The 2008 survey suggests that almost 15% of U.S. households had trouble putting food on their tables — up from 11% in 2007. Given the economic realities of the past year, it is most probable that the numbers have gone up since 2008.

The California Department of Public Health email to contact for further information and questions about California and San Joaquin County is Suzanne.Haydu@cdph.ca.gov or <http://www.cdph.ca.gov/programs/MCAH/Pages/default.aspx>. Telephone 916-650-0382.

Child Health & Disability Prevention Program
Children's Medical Services
San Joaquin County Public Health Services
2233 Grand Canal Blvd., Suite 212, Stockton, CA 95207



It's Citrus Season: Vitamin C for Zest & Health!



January

Birth Defect Prevention Month
Folic Acid Awareness Week, Jan. 14-20
Eat: Swiss chard, baby carrots, tangerines
Plant: bok choy, cabbage, horseradish, kale, mustard

February

Children's Dental Health Month
Eating Disorders Awareness Week, Feb. 24-March 2
Eat: broccoli, mustard, oranges, grapefruit
Plant: asparagus, chard, collards, carrot, parsley, radish

March

Nutrition Month
Annual Forum and Childhood Obesity Congress
March 8-11, 2010, Atlanta (www.nichq.org)
National Initiative for Child Healthcare Quality
Moving Children Safely, March 14-16
San Francisco Airport Marriot
www.injurypreventionnetwork.org to register
Eat: arugula, kale, cauliflower, kiwi, lemons
Plant: beet, cabbage, chicory, coriander, endive, herbs, leek,
lettuce, spinach, turnip

Future

April is Nat'l Gardening Month

Reminder

Obesity Prevention begins with Breastfeeding
Visit www.breastfeedingcoalition.org

CHDP NEWSLETTER TEAM

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