



Child Health and Disability Prevention Program

Summer 2018 Newsletter

CHDP Updates

Oral Health Presentation and Resource Guide

CHDP is now offering a presentation entitled “Promoting Oral Health”. This presentation is intended for any provider staff or community partner who interacts with patients or parents. It can also be modified for parent groups. Participants will review the risk factors for dental decay and learn several tips for a happy, healthy mouth.

CHDP has also developed an oral health resource guide with links to additional educational materials. Providers can look through the available resources and choose the one that is best suited for their needs (see [Attachment A](#) for links).

To schedule a training or for questions about the resource guide, please call or email Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.

Vision Training

Date: July 18th, 2018

Time: 9am—12:00pm

Location: Conference Room, 2233 Grand Canal Blvd. Suite 214, Stockton, 95207

Registration is required for attendance. **The registration deadline is July 10th, 2018.** See [Attachment B](#) to register. For questions, call or email Gwen Callaway at 209-468-8918 or gcallaway@sjcphs.org.

Looking Out for Eye Health: A Message from Dr. Park

The month of August is Children’s Eye Health and Safety Month. It is an opportunity to remind ourselves about the importance of eye exams as part of well-child visits as children are heading back to school. Eye health is also a great topic to discuss with our patients during the summer months, when children are at increased risk for sports injuries and sun damage. **Eye injuries are the #1 cause of vision loss in children, and there are about 42,000 sports-related eye injuries every year in the United States.** A lack of good vision can impact a child’s performance in school and athletics, affecting their development and self-esteem.

- Children should wear protective eyewear while participating in sports. Corrective lenses are not protective.
- Buy age-appropriate toys that meet safety standards and avoid toys with sharp or protruding parts.
- Children need sunglasses that fit well and screen out 99 to 100% of UV-A/UV-B rays. A wide-brimmed hat will offer even more protection.
- Look for signs of vision problems, such as frequent rubbing, squinting, tilting or turning head to look at objects, eye discomfort or redness, headaches, poor focus, sensitivity to light, eyes that look misaligned.
- Follow the 20/20/20 rule: look away from the screen every 20 minutes and focus on an object at least 20 ft away for at least 20 seconds.
- Regular vision screenings are important for the early detection of problems that may require a referral.

Screening for Childhood Lead Poisoning

Per State regulations, health care providers have specific responsibilities when doing periodic health care assessments on children between the ages of 6 months and 6 years. This is a brief summary:

- Children should receive anticipatory guidance on lead exposure prevention at each health assessment from 6 months to 6 years.
- **Children in publicly supported programs (such as Medi-Cal, CHDP, WIC, and Head Start) should be blood lead tested at age 12 and 24 months.** A child missing the 24-month test should receive a lead test as soon as the missing test is noted during the period from 24 months to 6 years.
- For children who are not in publicly supported programs, testing is based on risk assessment. If a child lives or spends a lot of time in a place built before 1978, that was recently remodeled or has chipped or peeling paint (or the parent is unsure of the age or condition of the home), then the child should be blood lead tested for lead exposure.



Suspected lead exposure, parental request, recent immigration from or visit to a country with high levels of environmental lead, or change in circumstances that has put the child at risk of lead exposure are additional reasons to order a blood lead test.

Reference on Screening: https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/Pages/screen_regs.aspx

For more information about lead or lead screening, please contact Harpreet Sahota, San Joaquin County's CLPPP Coordinator at 209-468-2593 or hsahota@sjcphs.org.

PHS Program Spotlight Series: PHS WIC

The WIC program is a great resource for families to prevent food insecurity and help ensure a healthy, nutritious start to a child's life. Common misconceptions about WIC include, but are not limited to: the belief that pregnant women, fathers, legal guardians, foster parents and those who are currently employed do not qualify for the program. Pregnant women and all others are welcome to apply on behalf of an infant or child under age five. Those currently receiving Medi-Cal, CalFresh or Temporary Aid to Needy Families (TANF) automatically qualify.

PHS is unique because it has seven sites to serve residents, the most of any agency. This includes the newest location at San Joaquin General Hospital.

An eighth site will be added after relocating the Manteca office which was recently damaged in a fire. A new permanent location has been chosen and plans to open this fall or early winter. PHS is working rapidly to set up a temporary site and expects to offer services by July 2018. Currently, participants may visit any one of the seven sites. Below are the three locations closest to Manteca:

- San Joaquin General Hospital, 500 W. Hospital Road Room 1102, located next to Clinic 3, (209) 468-5487
- 620 N. Aurora Street Suite 2, Stockton, (209) 468-3280
- 205 W. 9th Street, Tracy, (209) 831-5930

CHDP providers should refer families to WIC as appropriate. WIC does require an annual hematocrit or hemoglobin until the age of 5. For further guidance on referring to WIC, please see the CHDP guidelines at <http://www.dhcs.ca.gov/services/chdp/Documents/HAG/Chapter17.pdf>.



Rising Syphilis Rates

There has been a 45% increase in chlamydia, syphilis, and gonorrhea over the last five years across California. According to provisional data released in March from CDPH, **San Joaquin County has the highest rate of early syphilis among females of childbearing age in California.** In 2017, there were 271 cases of Early Syphilis among women of childbearing age, which includes cases of Primary, Secondary, and Early Latent Syphilis.

In order to help prevent congenital syphilis, SJC Public Health Services has worked to improve the timeliness of syphilis treatment for women of childbearing age. It is California law that pregnant women are tested for syphilis at their first prenatal appointment. Since SJC is a high-risk county, clinicians should test all pregnant women three times: at the first prenatal visit, in the third trimester, and at delivery.

More information can be found at https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Congenital_Syphilis_Provider_Update.pdf.

WeedFreeBaby.org

Marijuana is now legal and may seem relatively safe because of the perception that it is “natural”. However, smoking or taking weed in any form while pregnant or breastfeeding can have serious and lasting harmful effects on unborn and newborn babies.

In May 2018, First 5 San Joaquin launched a campaign for pregnant and breastfeeding moms to **increase awareness about the health risks associated with marijuana use.**

For more information visit: www.WeedFreeBaby.org.



RTD Care Connection

San Joaquin Regional Transit District's (RTD) new Care Connection services help facilitate transportation to patients' approved healthcare providers in Sacramento and the Bay Area. This also includes optional services that help patients get from their home to the transit station. Registration for the program is required (see **Attachment C.**)

RTD has a Medivan that leaves from Tracy and stops at several facilities around the Bay Area. For all services, booking is required at least 3 business days in advance.

Visit <http://sanjoaquinrtd.com/careconnection/> or call 209-943-1111 for more information.

NIAM

August is also National Immunization Awareness Month (NIAM) which highlights the importance of vaccination for people of all ages. The CDC has made several small changes to the schedule for 2018. For information on current CDC vaccine recommendations, visit: <https://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html>.

For information for parents about vaccines, please visit: <https://www.cdc.gov/vaccines/parents/index.html>.



CHDP Newsletter Team

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CHDP Outreach & Support	Xia Lo
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Child Health and Disability Prevention Program

Oral Health Resource Guide

1. **5 Ways to Prevent Kids' Tooth Decay**
American Dental Association (ADA)
https://www.mouthhealthy.org/~media/MouthHealthy/Files/Infographics/ADA_MH_5ways.pdf?la=en
2. **Baby Teeth Do Matter**
California Dental Association (CDA)
English: https://www.cda.org/Portals/0/pdfs/baby_teeth_matter.pdf
Spanish: https://www.cda.org/Portals/0/pdfs/baby_teeth_matter_sp.pdf
3. **Kick the Can**
CDA
English: https://www.cda.org/Portals/0/pdfs/kick_the_can.pdf
Spanish: https://www.cda.org/Portals/0/pdfs/kick_the_can_sp.pdf
4. **2 x 2 Rule**
ADA
https://www.mouthhealthy.org/~media/MouthHealthy/Files/A-Z/Infographic_Brushing_102714.pdf?la=en
5. **How to Brush**
ADA
https://www.mouthhealthy.org/~media/MouthHealthy/Files/Kids_Section/ADAHoToBrush_Eng.pdf?la=en
6. **How to Protect Your Baby's Teeth from Cavities**
American Academy of Pediatric Dentistry (AAPD)
http://www.aapd.org/assets/2/7/Education_-_Caries.pdf
7. **Fluoride Varnish**
CHDP
http://www.sjcphs.org/familyhealth/documents/20180522_%20CHDP_Provider%20Resource_FluorideVarnish%20Brochure.pdf



San Joaquin County
Public Health Services
health grows here

A DIVISION OF
HEALTH CARE
SERVICES AGENCY



Child Health and Disability Prevention Program Vision Screening Training Registration Form

July 18th, 2018

9am – 12:00pm

Conference Room
Children's Medical Services
2233 Grand Canal Blvd.,
Ste. 214, Stockton 95207

***Lunch will NOT be
provided**

Notes

- o Bring your office's vision charts.
- o Fill out one form per participant—please write legibly.
- o The training will include instruction on vision screening background and techniques as well as requirements for screening CHDP children.
- o There will be a presentation and hands-on practice.
- o Any staff from a CHDP provider office may attend.
- o Staff must be certified by CHDP every 4 years.

Registration Deadline: July 10th, 2018 (register early—seating is limited)

*****Participants MUST bring the vision charts used for screening in their offices*****

Name: _____ Phone: _____ Email: _____

Office: _____ City: _____ Zip: _____

Fax form to: (209) 953-3632

OR

Mail form to: P.O. Box 2009, Stockton, CA 95201-2009

For more information, contact Gwen Callaway, CHDP Health Educator, at 209-468-8918 or gcallaway@sjcphs.org



Customer Registration

First Name: MI: Last Name:
 Email:
 Home Phone: Mobile Phone:
 Text Message OK? (Check box if yes)

Primary Address

Street:
 Apt/Suite:
 City: Zip Code:

Medical Facilities

RTD Care Connection facilitates transportation from your home to healthcare providers in Sacramento and the Greater San Francisco Bay Area. Please list below the names of healthcare providers you need to visit in those areas.

Additional Information

Date of Birth: Insurance Provider:
 Mobility Devices:
 ADA Certified? Service Animal? PCA?
 How did you hear of RTD Care Connection:

Emergency Contact

Emergency Contact Name:
 Phone: Relationship:

Email completed saved form to mobility@sjrtd.com
 If faxing or mailing, please print legibly and send to:
 Mobility Department
 421 East Weber Avenue
 Stockton, CA 95202
 Fax: (209) 948-3024