



San Joaquin County Public Health Services



Child Health and Disability Prevention Program Spring 2017 Newsletter

CHDP Updates

Xerox Is Getting a New Name

Xerox State Healthcare, LLC is the current fiscal contractor for the Department of Health Care Services' (DHCS) Medi-Cal fee-for-service system. However, this company is separating from its parent company and will be rebranded as Conduent State Healthcare, LLC. **This means that the same company will handle Medi-Cal fee-for-service billing as before, it will just have a new name and logo.** All providers and beneficiaries should know that any mailings or communication from Conduent may be Medi-Cal related and should be kept and read. Below is a sample of their new look.



In order to keep up to date with this process, providers are strongly encouraged to sign up for the Medi-Cal Subscription Service (MCSS). To sign up for MCSS, go to the following link, enter your information, and check the box labeled CHDP Gateway to Health Coverage: <http://files.medi-cal.ca.gov/publsdoco/mcss/mcss.asp>.

Lead Testing in Schools

The State Water Resources Control Board now has a program in place to offer free lead testing of drinking water in California schools with access to the public water system who serve grades K-12. The water system will report the lead results to the school, but is not responsible for funding any needed repairs.

Schools must request this free sampling and testing in writing by November 1st, 2019. For more information on this program or for any lead poisoning questions, please contact the Childhood Lead Poisoning Prevention Program Coordinator, Gale Heinrich, at gheinrich@sjcphs.org or 209-468-2593.



Psychotropic Medication Training

Court approval is required before administering psychotropic medications to the more than 1,200 children in San Joaquin County foster care. About 20% of these kids are on psychotropic medication.

To learn more about the psychotropic medication monitoring and oversight for children in foster care, a new training is available online at: <https://calswec.instructure.com/courses/213>.

For further information or questions, please contact Pam Lam at plam@sjgov.org or 209-468-1408.

Kids Corner

Fun in the Sun and Safety in the Water

Summer is around the corner. With the increasing temperatures comes lots of fun water activities. However, across the nation, drowning is the number one cause of injury-related death for children between 1 and 4 years old. Help your child be water-safe with these tips:

- **Don't leave kids around water alone:** babies can drown in as little as one inch of water. Supervising parents should not be distracted.
- **Remove water from tubs and buckets after use:** store them upside down and out of reach of small children.
- **Close lids and doors:** put down the toilet lid and keep bathroom and laundry room doors closed.
- **Always wear a life jacket:** infants should not be on boats until they are old enough to wear a life jacket appropriately.

For more information, visit the Safe Kids Worldwide website: <https://www.safekids.org/watersafety>.



Healthy Media Use for Kids

Media use is more prevalent now than ever. From photo-sharing and video gaming to social media and TV viewing there is a virtual flood of information surrounding us daily. Help your child manage their screen time with these tips from the American Academy of Pediatrics (AAP).

- ⇒ Discourage distractions during homework time like TV and gaming apps.
- ⇒ Monitor your child's media use for their health. Too much screen time has been shown to increase the risk of obesity in kids.
- ⇒ Avoid exposure to devices or screens for one hour before bedtime. Do not let your child sleep with devices like tablets.
- ⇒ Talk with your kids about online etiquette and safety including cyber-bullying, sexting, and keeping their privacy safe.
- ⇒ Engage in media-free family activities that promote well-being like sports, reading, and conversation.

For more information and resources on safe, healthy media use for children of all ages please visit www.healthychildren.org/English/Pages/default.aspx.



Public Health News

The New Face of Tobacco

According to a study published in 2016 by the Centers for Disease Control and Prevention (CDC):

- **Electronic cigarettes (e-cigs) are the most commonly used tobacco product among U.S. adolescents.**
- **13.5%** of middle schoolers have used an e-cig.
- **37.7%** of high schoolers have used an e-cig.
- **1/3** of students who had used an e-cig said they used it for something other than nicotine. Other studies have found students using e-cigs to smoke marijuana.

For cessation resources, call the **San Joaquin County Smoking and Tobacco Outreach and Prevention Program (STOPP) at 209-468-2415.**

San Joaquin County Syphilis Guidelines

In SJC, there were 276 cases of syphilis, including 16 congenital, in 2016. This is double the total cases from 2015, making SJC a high-risk county.

All clinicians are asked to follow state and federal guidelines for high-risk counties which state that **ALL pregnant women should be screened for syphilis three times: at the initial prenatal visit, early in the third trimester, and again at delivery.** Third trimester screening is recommended at the same time as the Tdap vaccine.

Providers must report all cases of syphilis to SJC Public Health Services (PHS) within one working day as required by California law. The reporting form can be found at: <http://www.sjcphs.org/disease/documents/cdph110a.pdf?2>.

For more information, call PHS Community Services at 209-468-3845.

A Letter from our Medical Director

April is Autism Awareness Month and April 2 is World Autism Day. As we strive towards greater awareness and acceptance of this complex developmental disorder, let us be reminded that, as pediatric providers, we play an integral role in its early detection.

The latest estimates from the CDC give autism a prevalence of 1 in 68 children, with it affecting boys 5 times more commonly than girls. **The AAP recommends universal screening for all children, not just for those who are already exhibiting symptoms.** Although a positive screen does not equal a diagnosis, timely screening can lead to an early diagnosis which can, in turn, lead to early intervention. There may be no cure for autism, but different types of therapy and behavioral interventions can greatly impact a child's development.

Autism-specific screening should be done at the 18 month and 24 month well-child visits. Additional screening may be needed for a child who is at high risk (e.g. having a sibling with autism) or whenever there are parental concerns. Screening can be accomplished with the use of the Modified Checklist for Autism in Toddlers, or M-CHAT.

More information and resources are available through the CDC's "Learn the Signs. Act Early." Program at www.cdc.gov/actearly. An ASD (Autism Spectrum Disorder) Toolkit is also available through the AAP.



Resources

WIC is Mobile-friendly!

The Women, Infants, and Children (WIC) Program is a health and nutrition program that helps pregnant women, new moms, and children 5 years old and under. **WIC now has a mobile-friendly website** that lets participants access services and information from their phones and other devices. Visit this new site at <https://m.wic.ca.gov/> to find WIC locations, WIC grocers, shopping tips, and more.



Info for New Dads

The “Daddy’s Tool Bag” videos are short YouTube videos for new dads. With their home improvement theme, these instructional clips make learning about how to care for an infant fun. To view go to <http://www.daddystoolbag.com/> and type in the code **SJDADS**. Videos are available in both English and Spanish. Access made possible by First 5 San Joaquin.



Safe Kids!

Visit the Safe Kids Zone at the annual Public Safety Day and Ducky Derby on **Saturday, May 13, 2017 from 11 am – 4 pm** at Weber Point in Downtown Stockton.

For more information, contact Rachel Zerbo, Safe Kids San Joaquin County Coalition Coordinator, at rzerbo@sjcphs.org.



CHDP Newsletter Team

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