

Note: Please distribute to all relevant staff in your practice.

October 6, 2009

TO: Clinicians performing STD testing in San Joaquin County
FROM: Wendi J. Dick, MD, MSPH, Assistant Health Officer/STD Controller
RE: **FOLLOW-UP OF UNTREATED CHLAMYDIA AND GONORRHEA CASES**

Effective **October 12, 2009** PHS will follow up untreated chlamydia and gonorrhea cases for the following patients only: 1) **Pregnant females**, and 2) **Juveniles tested at SJC Juvenile Hall**. All other untreated cases will need to be followed up by the medical facility that ordered the testing.

In San Joaquin County the majority of chlamydia and gonorrhea cases occur in the 15-24 year old age group, and this is reflective of California and US data as well. Other risk factors for infection include new or multiple sexual partners, inconsistent condom use, and history of any STD.

Facilities that are successful in getting patients back for prompt treatment find that collecting more than one contact where a callback message can be left is key – e.g. an emergency contact, work, or school location (especially for teens). For symptomatic patients, clinicians may want to consider presumptive treatment. The latest California STD treatment guidelines are attached.

We have also attached a copy of the most current Confidential Morbidity Report (CMR) form. As a reminder, please report all chlamydia, gonorrhea, and other STDs within one working day using the CMR. For females, it is especially important to note on the CMR whether or not they are pregnant.

Thank you for your efforts to screen patients for STDs and reduce complications from untreated STDs. Please feel free to contact us if you have any questions or concerns.

PHS STD Program (209) 468-3845, Confidential Fax 948-7473 | Laboratory 468-3460 | Administration 468-3411
San Joaquin County Public Health Services website: <http://www.sjcphs.org>

ATTACHMENTS

1. San Joaquin County Mid-Year STD Report <http://www.sjcphs.org/Disease/Epidemiology.htm>
2. California STD Treatment Guidelines (November 2007) http://www.sjcphs.org/healthcare_providers/providers.htm
3. Confidential Morbidity Report (CMR) form & reporting requirements http://www.sjcphs.org/healthcare_providers/title17.htm

RESOURCE LINKS

Patient Pamphlets in English/Spanish

STD overview & disease-specific: ASHA <http://www.ashastdwebstore.org/stdsstis.html> | CFHC <http://epahealth.stores.yahoo.net/std-topic.html>
Disease-specific (10 free copies) CDC <http://wwwn.cdc.gov/pubs/dstdp.aspx>

Partner Notification

Got an STD? Send an anonymous email to tell your partner(s) to get tested <http://www.inspot.org>

Partner-Delivered Therapy

CA law allows physicians to prescribe, and NPs, PAs, & CNMWs to dispense, antibiotics for sex partners of pts with a clinical diagnosis of chlamydia or gonorrhea, even if they've been unable to examine the pt's partners. First-choice management is still attempting to bring in partners for evaluation. The # of doses is limited to the # of known partners in the past 60 days (or most recent partner if none in the previous 60 days). Pts should be counseled to abstain from sex until 7 days after treatment & until 7 days after partners treated. Retesting in 3 months is recommended to screen for re-infection. The complete guidelines, as well as printable instructions for sex partners, is available at http://www.sjcphs.org/healthcare_providers/providers.htm

Clinician Training & Resources

California STD/HIV Prevention Training Center <http://www.stdhivtraining.org/>

→ "STD Update: Emphasis on Syphilis" in Sacramento on November 2nd, register here <http://www.stdhivtraining.org/article.html?id=20>