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California’s Adolescent Birth Rate Drops to Another Record Low

SACRAMENTO – The California Department of Public Health (CDPH) announced today that California’s adolescent birth rate continues to decline. In 2015, there were 17.6 births per 1,000 females aged 15-19: a 10 percent decline from the 2014 rate of 19.6 and a 62 percent decline from the 2002 rate of 46.7.

“By empowering young people with the knowledge, tools and resources to make healthy choices, California is succeeding in reducing births among adolescents,” said CDPH Director and State Public Health Officer Dr. Karen Smith.

The adolescent birth rate decreased across all racial and ethnic groups between 2000 and 2015. During this time, the adolescent birth rate dropped among Hispanics from 77.3 to 27.0, among African-Americans from 59.1 to 19.7, among Whites from 22.3 to 6.9, and among Asians from 15.0 to 2.9.

Despite declining birth rates, racial disparities persist in adolescent childbearing in California. African-American and Hispanic adolescents were three to four times as likely to give birth as White females. Additionally, the adolescent birth rate varies considerably across counties, from a low of 6.7 in Marin County to a high of 43.1 in Del Norte County.

California has a number of programs aimed at preventing adolescent pregnancy and improving pregnancy outcomes among young women. CDPH funds the Information and Education Program, the Personal Responsibility Education Program authorized through the Affordable Care Act of 2010, and the Adolescent Family Life Program for expectant and parenting adolescents. Also, the state provides no-cost family planning services to eligible men and women, including adolescents, through the Family PACT Program.

For more birth rate data, visit CDPH’s Adolescent Health Data and Statistics page.

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