

# VALLEY FEVER

Coccidioidomycosis or “cocci”

**Have you had a cough, fever, or painful breathing for more than two weeks?**

**ASK YOUR DOCTOR ABOUT VALLEY FEVER**

Valley Fever is caused by a fungus that lives in soil or dirt in some areas of California.

You can get it by breathing in dust where the fungus grows.

**ANYONE can get Valley Fever. Even healthy people and pets.**

People who spend time in dirt or dusty areas where the Valley Fever fungus grows may be at more risk of getting infected.

Some people have more risk of getting very sick if infected and they may need to be hospitalized, such as:

- Adults 60 years and up
- Pregnant women
- People with weak immune systems
- Diabetics
- African Americans, Filipinos, Hispanics



For more information, visit <http://bit.ly/valleyfevercdph>  
Or scan the QR code below.

