PREGNANCY & VACCINATION

8 THINGS YOU NEED TO KNOW

1. You aren’t just protecting yourself—vaccines during pregnancy also give your baby some early protection!

2. The recommended vaccines during your pregnancy are flu, Tdap, and COVID-19 vaccines.

3. The Tdap vaccine helps protect against whooping cough, which can be really dangerous for your baby!

4. And remember with each pregnancy, you’ll need to get the Tdap booster!

5. Pregnancy increases the risk of being hospitalized with the flu. Get vaccinated during the flu season (October to March)!

6. Getting a COVID-19 vaccine while pregnant can help protect your baby even before they can get vaccinated!

7. Newborns don’t have fully developed immune systems and are vulnerable to infections. Anyone around your baby needs vaccines too!

8. Timing of vaccinations is everything! Consult with your provider to know what schedule is best for you.

Scan the QR Code to get more information on our website!